

medium II

VOLUME 21 ISSUE 5

CIRCULATION 5000

SEPTEMBER 26 1994

Clubs Week hampered by clashing nationalities

by Alexander Vaccari

Controversy arose during Clubs Week as two nationalities conflicted over the use of an allegedly offensive emblem.

The newly formed Serbian Association planned to inaugurate their club peacefully only to learn that a poster bearing a cross and four Cs was "hugely offensive to not only hundreds of thousands of Croats, Muslims and Jews who have been massacred at the altar of such nationalism, but to all of humanity," wrote Lydia Kotarac of the Croatian Student Association in a letter to Vice Principal Les McCormick. "Indeed, many of those who were brutally tortured had this very symbol carved on their corpses," added Kotarac.

On the morning of Monday, September 19, executive members of the Erindale College Serbian Students' Association, Anne Dmitrovic, Suzy Velisavljevic and Dragica Macevic, were verbally harassed by two unidentified females. The two females demanded the removal of the poster or as Mira Jelic, President of the Serbian Association, alleged, "we would have big problems [to contend with]."

Their further refusal to remove their flag led to a protest involving over 40 Croatian Students. The demonstration began the South Building but was moved to Mississauga Road.

According to Steve Taylor, President of the Erindale College Student Union, "this symbol was alleged by the Croatian students to be fascist." "The symbol is not a fascist symbol," stated Dimitrije Stamenovic of the Centre for Russian and East European Studies at the University of Toronto. Stamenovic argues that the symbol is "a medieval artifact inherited by the Serbs from the Byzantine Empire." The meaning of the 'Four Cs' in the cross has been frequently misconstrued. The most readily accepted explanation for the 'Four Cs' is "Samo Sloga Srbina Spasava, meaning "Only Unity Saves the Serbs."

The ECSU Board of Directors decided to uphold the Serbian Association's right to use this symbol. Steve Taylor reasoned that "within the short period of time that we had to investigate the symbol, we could not find any third-party evidence to support the claims of the Croatians [Club]."

In a final attempt to resolve this situation, a meeting between the Croatian Students' Association and the Serbian Students' Association was held. Representatives of Peel Police, Erindale Campus Police, Acting Principals Les McCormick and Roger Beck and the President of ECSU worked with the two groups to reach an agreement. See "Serbs" on page 5.



Democracy Prevails

Members of the Croatian Students' Association demonstrate on Mississauga Road over alleged fascist symbols of the Serbian Association.

Arts
Heavy Water
flows

Feature
Vegan delights

Sports
Lacrosse wins
opener

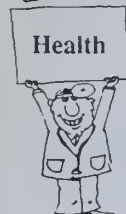
WHAT'S ON! CAMPUS

SURVIVAL "101" WEDNESDAY WORKSHOPS

- every Wednesday in October **FREE** workshops will be offered at noon, ("Lunch & Learn") 3 p.m. and 6 p.m.
- sign up at the Workshop booth at Survival Day on September 28th or in October at the EPUS office (Room 146, North Bldg.) or in the Library.



- Writing Essays
- Writing For The Sciences
- Time Management
- Notetaking
- Preparing For Tests and Exams
- Oral Presentations



- Stress Management
- Nutrition
- Body Image) Contact Health Service
- Self-Esteem) 828-5255



- Making Career Choices
- Degree Requirements & Graduation
- Financial Aid
- Study Elsewhere

Canadian Perspectives is back again for the 9th year this fall and the focus of this line-up of guest speakers is undeniably relevant to today's events and issues. The daytime lecture series deals with issues of a topical and/or historical nature, giving you a more in depth look at some of today's most compelling national concerns. Perspectives is offered each spring and fall at Erindale College and features an expert guest speaker weekly. Please join us by registering for a single lecture or the entire series, for what promises to be a very interesting session.

Place: Council Chamber (located in the South Building, 3rd level)

Time: Thursday mornings, 10 a.m., coffee & tea are served at 10:45 ending with a question and answer period

Fee: series \$25.00 per person (the fee covers refreshments & a luncheon on October 27th), individual tickets are \$9 (the October 27th lecture & luncheon is \$11 if purchased separately)

Date October 20, Lecturer: Ms. Carolyn King, Coordinator, Community Development, Mississaugas of New Credit, Hagersville, Ontario. Topic: "The Mississaugas of New Credit" where have they been and where are they headed

Date: October 27, Lecturer: Professor Dawn Raby Department of History, Erindale College, U of T. Topic: "Cuba and the US: a Historical Perspective" facts behind the current Cuban exodus

Date: November 3, Lecturer: Mr. Ron Shimizu, Environment Canada, Ontario Region. Topic: "Canada U.S. Great Lakes Management" Who does what under the current arrangements

Date: November 10 Lecturer: Ms. Martha Kelleher, House Curator for the Barnes Exhibition Art Gallery of Ontario. Topic: "The Barnes Exhibit at the AGO" "Never before. Never again."—the intrigue and the artistry behind this important collection

SURVIVAL DAY SEPTEMBER 28TH



ENJOY A **FREE!** COFFEE/JUICE MEET
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- CAREERS
- HEALTH ISSUES
- COUNSELLING (PERSONAL ACADEMIC FINANCIAL)
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WEDNESDAY
SEPTEMBER 28
1000 A.M. - 1:00 P.M.
MEETING PLACE

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Your referrals are always welcome! The Teaching-Learning Center (TLC) works with students individually to improve their essay organization, syntax, and writing style. Three tutors are available from Monday to Friday from 10-12 noon and from 1-4 p.m. Students can make a 30 minute appointment by signing up on the sheet outside Rm. 3091, South Building, or by calling 828-5444.

Fall Start Seminars

The TLC, in association with the Erindale Library, will provide six START seminars for the Fall term to acquaint students with research techniques and appropriate essay format. Sign up will be at the Info Desk in the Library and all seminars will be held in the Library Computer Room on the lower level.

The seminar dates are as follows:

Tuesday, Oct. 4 1-3 p.m.

Thursday, Oct. 6 2-4 p.m.

Wednesday, Oct. 12 1-3 p.m.

Thursday, Oct. 13 10 a.m.-12 noon

Saturday, Oct. 15 11 a.m.-1 p.m.

Wednesday, Oct. 19 2 p.m.-4 p.m.

Call 828-3858

if you require further information.

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Price Waterhouse

Coopers & Lybrand

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This is a crucial event for future career opportunities in the commerce field formal business attire only Sign up in CASE office A.S.A.P. in Rm 35B. \$2 members, \$4 non-members. 4-7 Spigel Hall. Sept. 28 7-9:30pm faculty lounge for drinks afterwards.

CASE

presents The Price Waterhouse Golf Tournament 4 team best ball scramble format. * A lot of fun whether you are * A pro or a first timer at Streetsville Glen Golf Club on Oct 3rd. Price: \$40 members, \$42 non-members. Includes: lunch, green fees, power cart, prizes. Deadline: Sept. 28, 1994 at the CASE office, RM 35B.

Club Punjab

General Meeting

Monday Sept. 26, 4 p.m. at the Council
Chambers

Attention all Frosh

The Erindale Varsity Christian Fellowship group would like to cordially invite all frosh to the Frosh Only B.B.Q. The ceremony will take place on Saturday October the first at six p.m. R.S.V.P. is requested, please make your reservations before September twenty-eight. Contact: Miss Kristen Hamilton at (905) 824-2936 or Sir Christopher Dias at (905) 338-6205.

Attention All Erindale Environmental Association Members!

Our first General Meeting will be held on
Wed. Sept. 28, 1994 at 5:00pm
in Crossroads Room 15

You will be introduced to the Executive members, have an opportunity to ask questions about the club, and enjoy a slide show of past projects. Pizza and other refreshments will be served. There is also the opportunity to join E.E.A. for a small fee of \$5 at this time if you were unable to sign up during Club Week. Come and find out what new and exciting things E.E.A. has planned for this year!

University of Toronto Italian Club
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Sunday, Oct 2, 1994

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News

Erindale breaks down barriers for students

by Trajan Schulzke

Making the Links, a student organization for social, change, hosted a panel discussion last Tuesday about students with disabilities.

Erindale College has 165 students with disabilities officially registered with the campus' Special Services. The discussion gave Erindale students an opportunity to meet four students with disabilities that are often seen during lectures and in between classes.

Nancy Gava is completing her final year here at Erindale. She is recognizable by her wide smile and motorized wheelchair. Gava, who has cerebral palsy, first arrived at Erindale 10 years ago. At that time there were very few services available to students with disabilities to help keep up with their classes.

After two years of struggling through her courses, Gava left Erindale to complete a community college certificate course in social services. Wanting to achieve more, she returned to Erindale. With the assistance of Special Services, note-takers, and a lap-top computer, Gava has nearly finished her specialist in Sociology. She loves Erindale, especially the clear walkways in the winter because, she claimed, "snow is one of the biggest barriers for wheelchairs."

Stephen Becker has rheumatoid arthritis. Although he has limited use of his right arm and walks with a limp, his keen wit and personality quickly allows you to miss his disabilities. Becker, who graduated from Erindale last year, is a whiz on computers and volunteers much of his time as an administrator at Special Services. He admits that how others perceive a person with a disability can be hard on the self-esteem.

Melissa Axler also has a disability, but it is invisible. The single mother, gymnastics coach, and Exceptionality major has a learning disability. Axler's parents and family have always considered her slow, lazy, and even stupid. When asked about her disability she replied, "I just process information differently from others. My wires," pointing to her head, "are just crossed over."

Never expected to succeed, family and peers discouraged Axler from attempting university. She is now busily involved in her third year of studies and is very grateful to Special Services for "giving" her her university career.

Mike Feir is this year's latest addition to the gang registered with Special Services. He lives in residence and was, admittedly, a little apprehensive about his first year of university. All through high school, Feir considered himself an "ice-breaker"; he was always the only student in his school with a disability. No one tried to get to know him. Now at Erindale, Feir feels very much part of student life. He says, "Erindale is refreshing!"

Housemates and friends lead Feir, who is blind, through the campus and count steps with him so that he can learn his way around. Despite his disability, Feir has trained himself to listen carefully. He can judge the size of a room, the height of a ceiling and how many people are present, by simply listening.

Feir loves to write and wants to pursue journalism. When asked about his talent in writing, he replied, "Concepts, words and ideas are me." For the past ten years Feir has used a computer to write and learn. Touch pads on his keyboard marked in Braille and a voice synthesizer connected to his 'lap-top' make it possible. He loves his computer and claims to be able to work on it at the same speed as a



Mike Feir, Melissa Axler, Steven Becker and Nancy Gava are only a small portion of students with disabilities who attend Erindale. This past week, they participated in a panel hosted by Making the Links.

photo by Julie Clarke

sighted person. "Computers have given me independence." But one thing they can't do for him is memorize the campus. Feir, who still gets lost, wish "they'd straighten out the pathways!"

Erindale is boldly working to make the campus accessible to students with disabilities. The college recently purchased an intercampus shuttle bus which has a lift for students unable to use the steps. More recently, a ramp was built at house 42, to make it accessible to students who use wheelchairs.

"You can't really know how it is...every person's (disability) is different," concluded Becker. The panel agreed.

here at Erindale. Their peers; the students here who take notes, carry books, or even offer to help with doors are the ones who make it easier and a lot of fun to be here. Thanks to the collegemates that make Erindale an accessible and great place for everyone.



Religious Holidays and Tuition Fee Refunds

The University's Tuition Fee Schedule permits refunds on the basis of students having a certain amount of time to attend a course before deciding whether to continue enrolment in it. For the 1994 Winter Session, students whose opportunity to attend classes has been limited by their observance of religious holidays in September, may be allowed to drop courses a few days (no more than seven) after the deadline dates listed in the schedule without effect on the tuition fee refund that they would normally have received.

Students who wish to have exceptions made for this reason should consult the Registrar's Office at their college or faculty.

Daniel W. Lang,
Vice Provost and
Assistant Vice President (Planning)

NEWS IN BRIEF

U of T Women's Centre Presents Naomi Klein

Klein, managing editor of Time Magazine and Toronto Star columnist, will host a discussion that includes expanding one's opinion in a form of a letter to the editor. Feel free to bring ideas and any articles to respond to.

Discussion held Wednesday September 28, 12-2 pm, will be followed by "A Loonie to Lunch" at Woodlands Restaurant 177 College St. (416) 593-7700.

Dimitroff announces New Publication

The Teaching-Learning Centre and Professional Writing Programme are pleased to announce the publication of Phillip Dimitroff's first book entitled Write on Track: A Concise Guide to Better Writing. The book provides complete coverage of all central grammatical issues of concern. Complete sets can be ordered through the bookstore. To peruse a copy, call Dimitroff at 828-3857.

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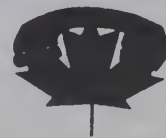
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Rez Centre takes action to deal with real issues from residents

by Marilyn Fraser

The Residence Finance Committee finally got down to the issues at an open forum this past Friday.

Over the past two weeks, rumours have spread rapidly over various Residence Centre policies. Residents had become quite concerned that their views were not heard. After much criticism, the Residence Centre made itself available to the students so that they could vent their frustrations about many of its policies.

Residents had many questions, such as: Who are the tenants on residence? Are they students? Should 'guests' register with the Administration? Is there a limit to how long a guest may stay in residence? What about the policy when renting? Is there a waiting list for students looking for residences? Who do you go to if you have a problem? Is there a board responsible for residences?

Although many questions were answered, residents were essentially held responsible for the finding of solutions. The couch issue, which brought about this forum, has yet to be resolved, but another meeting is pending to finalize the details of the policy.

The Finance Committee consists of students who are interested and committed to help make responsible decisions. Any student can attend these meetings to provide input or become a member of the Finance Committee.

Maintenance and repairs were also discussed at the meeting. Many residents felt that maintenance and repairs were not satisfactory, partly because students are hired to make the repairs. Mike Lavelle explained that a \$200,000 budget exists for maintenance. He prefers to hire students for maintenance work so that the money goes back to the students. These students work under the direction of Art Birkenburg. If the repairs are not done properly or are not completed, the tenant who requested the repairs through a work order should notify Birkenburg so that adjustments can be made. The alternative for this problem is to pay for additional professional maintenance staff, a decision which lies with the Finance Committee.

Many 'minor' repair problems that are not reported are creating an expensive problem. A constantly dripping hot water tap, a leaking hot water heater, or a toilet that

continually runs costs money in terms of water and electricity. These are one of the reasons for the dons to conduct house checks. The dons can also assist in dealing with house problems. For instance if a person in a house of four doesn't share the responsibility for keeping things reasonably clean and orderly. The dons check the properties twice a month. Surely it is no great hardship for four adults to clean up twice a month? Essentially, it is the responsibility of the people in the house to maintain it in an acceptable state during their stay. Neglect increases the cost of repairs over time, which ultimately increases the cost to all students.

Phase I of residence was opened in 1972, Phase II in 1978, Phase III in 1983 and Phase IV in 1989. All are presently being upgraded, painted and furnished. Fixtures are being replaced on a cycle that began with Phase I. As the work on Phase I is being completed, reconstruction will begin on Phase II. Residences homes are mortgaged privately and no government money involved, either provincial or federal.

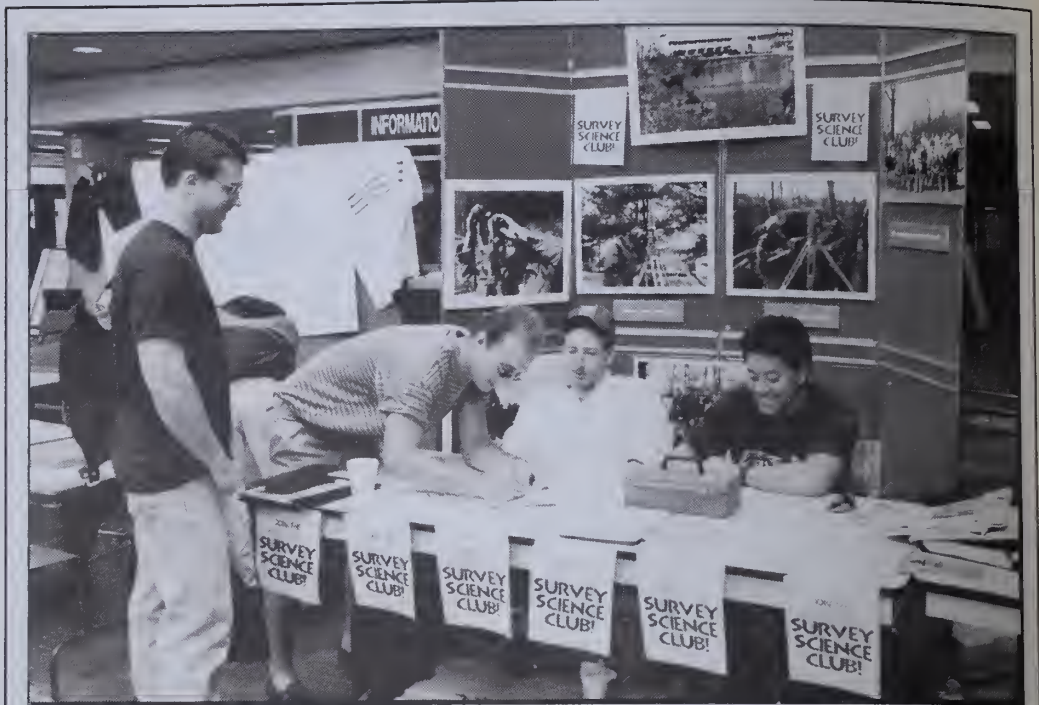
Undergraduates are accepted for residence based on their academic standing, and all are usually placed by July. Presently, only five or six applications are on the waiting list. One female double room is available with a demand of three applicants waiting. Each undergraduate resident pays a standard rate of \$2500 for 36 weeks.

There are families renting accommodation on campus who live in unfurnished units under the standard provincial Landlord and Tenant Agreement with a 12-month lease. It was clarified that all provisions of this agreement apply.

The Finance Committee develops the Residence Agreement - a form all residents sign. As a resident, you should read the document before you sign. The agreement is reviewed annually by the students on the committee for any changes they feel ought to be made for the coming year.

The question of couches and overnight guests will be addressed at a meeting to be held Friday, September 30 at noon. At this time, a finalized policy will be drafted to take care of these important questions. Watch for upcoming meetings, dates are posted on the bulletin boards.

Stay tuned!



Clubs Week '94 is successful

photo by Jamie Tyndall

Is this where we sign up for the intense study labs? The lengthy daily reports? Why of course, its the Surveying Science Club.

Making the best of the inevitable

Lines. You feel sometimes that these lines are a punishment for not being prepared. I waited in line to register, late. I waited in line to pick up my OSAP, late. I also waited in line at the Bookstore for what seemed hours, but was in reality only twenty minutes.

When you look at the situation in perspective you will find that you should have been more prepared and got to the office when it opened. You shouldn't be irritable toward the staff because they are only doing their jobs, and in reality, you generally are waiting because of something you did or didn't do.

The flipside of this is the fact or the coincidence that line ups only form when there are staff shortages. The Bookstore lineup only wound around the aisles when there was only one cashier on

One thing that must be said however, is that the Bookstore made the best of the situation. The staff took steps to decrease student's agitation by providing them with chocolate bars and serving them with a

smile. While it is unfortunate that many students waited outside the bookstore for 10-15 minutes before they even get into to find their books, the staff did try.

Students *should* expect lineups because they wait until the last minute. Solution: Register early. If something comes up, speak to a counselor. By registering early you will save yourself 50% of the hassle. Another idea is to apply for OSAP earlier. This ensures that you will receive

your assessment by August, before you have to pay your fees. Using the Student Telephone Service once you register is important. It saves you time, and effort. Once you register, find out what books you will need. The Bookstore usually keeps a list available for you to figure out what you need. Buy them early or look for used books.

Solutions to the problems of lineups should be forthcoming. Groups like Quality Service to Students (QSS) are particularly concerned with addressing the needs of Erindale students.

Guest Column Anna Marino

CAREER CENTRE NEWS

'95 Grads seeking permanent work

- Register for the graduating students employment service.
- Applications are now being accepted for many positions including the following:

Company	Job Title	Discipline	Deadline
BDO Dunwoody Ward Mallette	Staff Accountant	B. Com. Arts with Com.	Sept. 28
Coopers & Lybrand	C.A. Student	B. Com. Arts with Com.	Sept. 28
Deloitte & Touche	Staff Accountant	B. Com. Arts with Com.	Sept. 28
Ernst & Young	Staff Accountant	B. Com. Arts with Com.	Sept. 28
Arthur Andersen	Staff Accountant	B. Com. Arts with Com.	Sept. 28
Royal Bank of Canada	Various	Any B.A.	Sept. 28

COME IN AND CHECK THE BULLETIN BOARD FOR MORE LISTINGS! DEADLINES ARE FAST APPROACHING!



INTERESTED IN A CAREER IN TEACHING? THE FACULTY OF EDUCATION IS HOLDING AN INFORMATION SESSION ON THURSDAY, SEPTEMBER 29TH AT 3:00 P.M. IN THE COUNCIL CHAMBER (RM. 3130)

PLANNING FURTHER EDUCATION? ATTEND: THE PROFESSIONAL SCHOOL FAIR NOVEMBER 2 12:00 - 2:30 AT THE MEETING PLACE

More details at the CAREER CENTRE, Room 3094, South Bldg.

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Serbs asked to remove symbol from display

continued from cover

After some discussion, the Serbian Association was asked to remove the symbol from their Clubs Week display.

Taylor maintains that "this agreement was intended to calm rising emotions and tempers along with diffusing a situation which was on its way to getting out of control." Taylor commended each group for the level of maturity displayed and their good judgement

and faith in one another. In a statement released on September 21, Taylor concluded that Erindale College Student Union is glad that this situation did not get out of control and that the participants were able to prove to the community that disputes can be resolved in a rational, non-violent manner conducive to the Code of Student Conduct.

For the Serbian the Croatian Clubs, it was a day of celebration — to celebrate the values and

lifestyles that the Serbian and Croatian communities have brought to Canada. "What is important," Jelic suggested, "is that we could now look to the future, to make a difference and to learn about culture not exclusive to just Serbs."

Despite this controversy, Clubs Week went off successfully as students learned of the various cultural clubs to which they may become a member.



The four Cs shown in the Serbian flag was found offensive to the Croatian Club. The Four Cs were alleged to symbolize hatred and torture of Jews, Croats and Muslims.

Survival Day is set for this Wednesday...be prepared to meet your needs

University Students ask: How am I doing? Erindale College responds with Survival Day '94, a four-hour fest which will allow students to seek help in various areas.

The third annual Survival Day (formerly How Am I Doing Day?) is geared largely toward first year students and will be held Wednesday, September 28 from 10:00 am to 1 pm. According to associate registrar Karen McLeister, "It's basically a 'check list' — attempting to address the most common concerns of our first year students." They want to find out how well they are managing their present course load, how to improve and hone their current skills, how to plan for next term or just want reassurance they are 'on track'. Health Services, the Professional Writing Department, the Career Centre and Athletics and Recreation, as well as staff from academic and personal counseling all take part in Survival Day. Survival Day is another initiative from Erindale's QSS program — Quality Student Services. QSS is a comprehensive, year-long series of academic and personal support; and it lets the students

know that the College really cares about their education.

One of the other unique features about Survival Day is the strong Mississauga connection. Community Health and Public Health representatives from Peel will have information booths, several area dentists will be handing out free advice and 'goodies', Credit Valley Hospital will have a nutritionist on hand to talk about healthy eating, Charterways will be there and so will the Addiction Research Foundation.

To complete the picture, a number of student organizations from the main U of T campus in Toronto will also be on hand. All in all it's an holistic approach to undergraduate survival, Erindale style. Last year's Survival Day attracted over 1,000 students in the workshops and open-market concept in the Meeting Place.

Erindale College with 6,200 undergraduate students, is Peel Region's only university campus and offers degrees in Arts, Science and Commerce as well as some special programs which Survival Day looks at. "Survival Workshops" will be held Wednesdays' throughout October.

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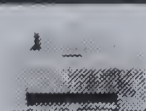
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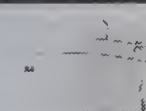
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Editorial

Clubs rose above war to peace

There was much controversy surrounding the exhibition of the Serbian National flag during Clubs Week. The Croatian Students' Association took this exhibition very seriously, viewing it as not only offensive to them but all of humanity. While the Serbian Association felt that they were only exercising their right to expression. Their flag depicted four Cs, a symbol used in the 1940's to dominate Croats, Muslims and Jews in eastern Europe.

It is now 1994. The fighting in the Balkans is a world away but its implications are being felt at Erindale. Croatian students were moved enough to protest the Serbian symbol. For the Serbians, the flag is a symbol of heritage, not torture. The four C's are not a recognized symbol of 'hate' like the Swastika used by Nazis.

Threats were levelled at the Serbians to take down this symbol or else. They were ridiculed. It is unknown at the time of print who levelled these threats, but they were enough to instill enough fear in members of the Serbian Club so that they would not go on record or have photos taken. Somewhat odd, if you consider that we live in a democratic nation.

Any historian can tell you that fascist tactics are those of fear, intimidation and a total disregard for human rights [and lives]. Serbs of the past, and Serbs in the Balkans may use these tactics, but the young Serbian students of today cannot be compared to war mongers, for that would also be offensive to them.

The Canadian Charter of Rights, states in Section 2 (b) that "every citizen of Canada has the freedom of thought, belief, opinion and expression. It also grants in Section 2(c) freedom of peaceful assembly and (d) association. The University of Toronto Code of Student Conduct states in Section 1(a) "No person shall threaten any person with damage to such person's property or cause any other person to fear damage to her or his property." The Serbian Association, or any other association has the right (by Canadian Civil Law) to express their heritage using their flag. The Croatian Student's Association has the right to peacefully assemble. The people who levelled the threats at the Serbian club members violated the U of T Code of Student Conduct and perhaps even Canadian law, by alleging that they would have more to contend with if they refused to take down the offensive symbol.

Each side, the rational, compromising members of each club, wished to recognize the rights and opinions of the other. The blame, however, lies in the misconception that what was done to a race or ethnicity in the past by another, cannot be said of every member of that race or ethnicity in the present. As the argument goes: all white Southerners cannot be blamed for slavery 200 years after its abolition. They can empathize or sympathize, but they cannot be blamed. More importantly though, is that this is Canada, not to mention U of T, an institute of higher learning and consciousness. One would think we could go beyond the past. And lest we forget, that only we attach meaning to words or symbols.

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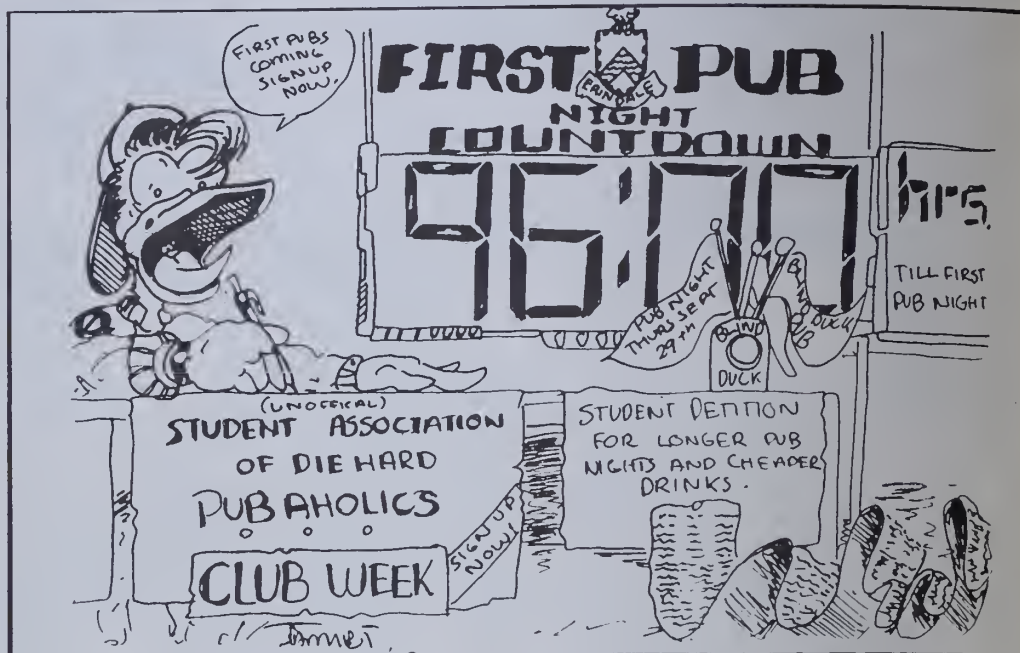
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What a week it has been! I never thought that forum would ever end. Some people do take things much too seriously, present company excluded, of course. Medium II is shit...whatever. Ummm. That's what I think... Um I don't know! Make up your mind...oops sorry, too late. The week off is approaching. Bet you can't wait. No worries.

TRAJAN: SORRY ABOUT THE ARTICLE. IT WASN'T APPROPRIATE. WE APOLOGIZE.



Mike Lavelle responds to critics

In response to the articles regarding residence, I submit the following:

Prakash and Lucy are doing a terrific job as co-mayors. They had to wait for the Finance Committee to meet before they could deal with the issues, which meant after the students returned to school. They have been very direct about resolving problems. The first Finance Committee meeting was held Friday, September 23 at noon.

The Dons have been the most outspoken in regard to social and academic issues on this campus. They are constantly looking to improve the lot of students. Their contributions and suggestions have resulted in many improvements for the students at large. As leaders they have never hidden behind anonymity, with the administration or with other students, as the individuals do in your article.

We have no freshmen students on the waiting list. Those students that are on the list, requested residence after September 2 (two late August); three females on the waiting list are from September (no one wants to take a double room). There are no male rooms available and only two double female rooms.

The decision to rent to families and others associated with the university was based on pure economics. If these houses were not rented, fees would obviously escalate to cover the mortgage. There is no government subsidy for these residences.

The reason we have had trouble filling our places is that our Freshmen registration has dropped from 240 to 130. This drop coincided with the recession of 1991. We have been trying to address this problem by looking into other ways to fill these houses.

Andrew Morgan, previous Radio Erindale Manager, lived here in 1990, 1991 and 1992. He states that residence life became extremely restrictive. The same policies (as noted in the Residence Agreement) have been in effect for the last 20 years. They are drawn up by residence students and are reviewed each year by Residence Council. They are basically the law of the land (e.g. no guns, no pets, no drugs, respect the rights of others by not making disturbances so they can succeed at university.). Andrew lived here 3 years — was it that bad??? I do not do the disciplining, we have a Discipline Committee that looks after these matters. The Discipline Committee is appointed by Residence Council. If residence life was so restrictive Andrew should have made his points specific and submitted them to the Residence Council.

In regard to S.G., the young man who said that he spent four years in residence and sank \$10,000 into the place, it is true that I did not want to talk to his father, but I had phoned S.G. on four occasions and asked him to come in to see me to straighten out the housing problem that he and his housemates created. He never made the appointment. What is interesting is that he was one of the students who had a person living in his house without paying any rent. It was

because of people such as he that we were forced to do something about these abuses. S.G. was also reported for disturbing students and driving over the lawns at 1 a.m. recently.

In regards to the furniture, students chose the furniture. They chose the colours, and we had 2 experimental houses remodeled 3 years ago (24 and 26). When we were purchasing chairs we had various manufacturers make presentations, and students selected what they thought was best.

To this point, I have had one medical certificate presented to me. Any student who has special needs, will be looked after. However, the mattresses that are supplied are extremely firm (as they are also used in hospital care), must be fire retardant, as well as their covers.

The economic issue relates directly to students. If we did not recover damages through bills, their costs of residency would inevitably be higher. The fifth roommate issue not only reduces Residence Centre revenue, it also burdens the other students in the houses, in addition to increasing the hydro, water costs, etc. Students were sent a letter in late July advising them of the new policy regarding couches, along with the information for house numbers and check-in dates.

The term "families" refers to a student who has a spouse and/or children living in residence. The University of Toronto Housing Policy invites family housing.

Every house in Phase IV was painted and some of Phase III (including touch ups) was completed. There are also repairs, carpet cleaning etc. to be done, as well as a thorough cleaning before students move in for September. All other universities ask students to move out for at least one week (usually longer) after the summer and at Christmas break. We have not done so in the past but will continue to as it makes repairs and cleaning easier to accomplish. It is difficult to carry out these tasks with bodies and belongings in the houses. In most universities the rooms must be empty after August 22 and students return the day before classes. Other universities do not provide alternative living arrangements or pay for hotels.

The majority of our students are extremely cooperative, easy to work with and the staff at the Residence Centre enjoy working with them. The irresponsibility of a few brought out the problems of couches, abandoned furniture and propane tanks, smoking, pets, fire prevention, garbage collection, and the most expensive item, "free wheelers". I am sure that the Finance Committee will resolve these issues and those who are irresponsible will be more responsible and that we will continue to have the best residence situation in Canada. This is a goal that the past (and present) principals have made as their mandate.

This is the greatest day ever.

Perspectives

medium II fails, once again, to give part-time students coverage

Dear Editor,

I would like to congratulate you on your first edition of *medium II* for the 94/95 academic year. It was interesting, enlightening and informative. I particularly thought your idea of introducing all the student politicians was an exceptional idea. However, I would like to point out that you failed to cover an Orientation that EPUS presented to Part-time and Full-time students. We called our orientation "Successful Re-Entry". It was specifically set up for students who were returning to Academics after an extended absence. We followed the model used during Orientation for Success except on a smaller scale. We put together an outstanding Orientation kit which included: EPUS mugs,

coupons from Beaver Foods, T-shirts and coupons for popular musicals from ECSU, SAC bags and health kits from Health Services, various literature from services, including a *medium II*. This event was a concerted effort brought to you by the many services that we have on campus. There were representatives at Successful Re-entry from all areas of the University: The Association of Part-Time Students, Family Services, Library, Special Services, Athletics, ECSU, Health Services, Writing Lab, Registrar's Office, Awards Office, and the Child Care Centre. This event was the first of its kind and it takes planning, plotting and coordinating from all corners of the University--all three student councils worked

together to make it successful. I believe that this is a concept that should be carried forward for the betterment of Erindale. I would like to take this opportunity to thank Steve Taylor (ECSU President) and Alex Vaccari (SAC Erindale Chair), my full-time counterparts, for their encouragement and advice. I would also like to thank Karen McLeister and Dr. Les McCormick, for without their continued support and ideas this project would not have become a reality. Administration, faculty and student councils can work together to make the university experience more productive and enjoyable.

Sue Prior
EPUS President

Surfing in a high-rise dorm

Few of us have had the experience of living in a dorm. The inhuman architecture, bad food, boredom and death by fun and games was the subject of the following condensed article that first appeared in *Esquire* magazine:

In the mid-sixties, small cities were created across America where young people could immerse themselves in higher learning in order to come of age, fully; prepared for the adult world. In one such city, in a tower named for President John F. Kennedy, the weekend rituals begin on Friday afternoon. The television teeters atop a small refrigerator stocked with cans of beer, and the clatter of Wheel Of Fortune is drowned out by the angry guitars of Jane's Addiction. Citizens are discussing last weekend, when one of their number was so drunk and disturbed over a girl that he started karate-chipping a door and attempted to throw a table through a window. The constables showed up and handed out alcohol violations, which still pisses everybody off, just thinking about it.

The truly wild stories the boys like to tell are from last year, when most of them lived on the all-male sixteenth floor. Keg parties were popular that semester, in clear violation of university rules. A student Resident Assistant can lose his free room and board if a violation of such magnitude occurs while he is around. But neither does he want his peers to think he's a weenie, so if an RA sees his boys hefting a keg down the hall, he'll simply ask, "Does this mean I have to go to the library?"

When Sang and Joel entered the University of Massachusetts as freshmen, they were just two of 5400 students packed into a giant dormitory complex. The John F. Kennedy Tower is one of five twenty-two-story high-rises; surrounded by eleven low-rises, the towers look like a housing project dropped into the middle of the western Massachusetts countryside.

Today, most big state universities have a place like the Zoo, soaring stone monuments to America's dream of universal public higher education. The incidents that have taken place in these student ghettos for a quarter-century- rape, racial violence, alcoholism, drug abuse, dangerous pranks, vandalism, suicides- have only recently begun to be talked about. Colleges have tried for decades to suppress the truth about crime in dorm life. But that will change by 1994, when a new law will require colleges to publish annual security reports, including the numbers of violent crimes.

The Polo Grounds and Southwest Tower share a passion for a bizarre sport played in high-rise buildings. Ghetto kids call it elevator action. Suburban teenagers in the Zoo call it elevator surfing. UMass housing director

Joe Zannini remembers kids boasting about getting their "elevator wings" when he was a residence director at the University of Nebraska-Lincoln in the early Seventies. Lederle remembers hearing about it in the late sixties. Paul Lawler, UMass's director of elevator maintenance, says he's received evidence of kids riding on top of elevators at least once a week since he stared back in 1966, when the towers opened. "It's been like a war," he says early. "They attack, we counterattack." Once, Lawler found a chair tied like a gondola to the underside of a tower car.

They'd heard Joel rare about riding on top of the elevators before. He supposedly learned the technique from some guys on the twenty-second floor: You wait until the elevator is between floors, then pry open the inside doors with your hands, which makes the car stop. Then you take a broom and

reach up until it touches a latch, drawing open the outside doors as easily as you might pull back a window curtain. You crawl out- the lobby floor is now chest high- climb on top of the elevator, and close the doors behind you.

It's pitch black in there, silent except for the low hiss of the moving cars. You hold onto the cluster of metal hoist cables affixed to the top of the car. There's also a bare light bulb you can turn on. The car moves at a crawl compared to those big-city 'vators that really fly at one thousand feet per minute. Some kids like to smoke a bone as they climb slowly into the blackness.

Nobody except Dave knows exactly what happened inside the shaft during the early morning hours of March 11, 1990. He broke numerous appointments with the authorities to tell his story. They finally gave up. No charges were being pressed and nobody blamed him. Their only clue is a barely legible statement the boy wrote in the police station that night, which reads, in part:

"...Joel got on the beam in the middle of the elevator and watched me go up and down and I told Joel to get off and he did...but he slipped and fell between the elevator and the elevator door...and I grabbed his hand, but it was too late, he was getting forced down and he fell..."

As for the other five thousand kids who live in the Zoo, and those in student ghettos across the country, their future was presaged in a tiny news item in the UMass student newspaper. Four days after Joel Mangion's body was found, a student told police that something odd happened as she boarded the elevator on the nineteenth floor of the John F. Kennedy Tower:

"She heard someone knocking on the roof..."

Student offers three ways to make residence life bearable

Dear Editor,

I am writing this letter for a couple of reasons. I am using this letter to vent my frustration with the Residence Centre, particularly its Director Mike Lavelle. I am also writing this as a warning to all residence students, especially the new students that don't understand the politics of living in residence yet. I understand that it is imperative that residence living must be subject to rules and regulations. However, the manner in which they are implemented and enforced at Erindale is no less than oppressive. I am sick and tired of all of the hassles that Mike Lavelle has imposed upon myself and many of my friends over the past three years. So sick and tired of it that I did not want to endure such unjustified harassment for a fourth year and decided to move myself and my \$2500 elsewhere. Does Mike Lavelle have a personal vendetta against any social gathering which involves alcohol. Am I an alcoholic because I like to have and attend parties with a few beers? Is this outrageous university behaviour? Heaven forbid that anyone has some fun in this institution some call residence. I am also sick and tired of the unjustified accusations and ridiculous bills that afflict many households which Mr. Lavelle has initiated conflicts with. Beware students, if you are having problems with Mike Lavelle because if he doesn't like your lifestyle or the way you look, expect many confrontations. The Residence Centre is infamous for unjustified accusations which will eventually make your presence at Erindale either not welcome or so restrictive that you would feel more free living with your parents.

As far as housing bills go, Erindale boasts the most affordable student housing in Canada. This may be true if you merely take the \$2500 which is the basic fee for the year. However, once you figure in all of the Residence Centre's ridiculous bills such as \$15 per poster per wall, \$100 for lost keys at checkout (because of course the Residence Centre must change the locks), \$40 for wobbly chairs, the list goes on and on. You end up paying just as much or more than any other university. What about the hydro? Maybe if the Rez Centre actually insulated some of these townhouses, hydro consumption would be far less. I can remember sitting in my living room and actually feeling wind rushing through my hair during winter. Solution: Make sure each and every one of you do not pay your bills without at least questioning the Residence Centre. Ask them for justification. Don't fork over your money to them without challenging them. I have challenged my bills many times and have succeeded many times in reducing my bills from ridiculous to merely outrageous. I know that I speak for many students with regards to their disapproval of how this residence is run. It is such a shame that such a beautiful and picturesque residence has to be run in the fashion it is currently being run. So all you residence students, don't put up with Residence Centre garbage. My advice to you for harmonious res living: Never have a party; Never have fun in residence; Never let Mike Lavelle see you with a beer. If you follow these three guidelines then you will endure a long and harmonious residence sentence at Erindale.

Name withheld upon request

Talking Heads

"How effective are Campus Police?"



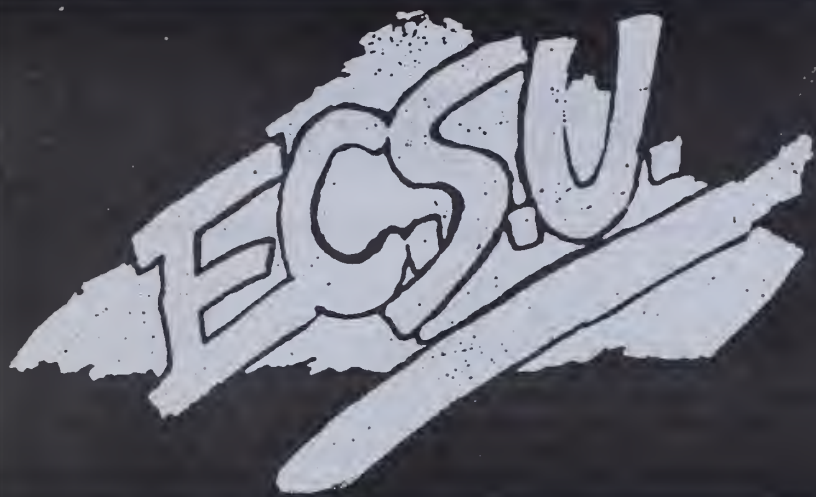
Gary Penzler

"I am not really aware of what they do. I've seen the postings on the Rez Boards but I guess I just don't see them involved in anything. So I guess that means they're doing their jobs."



Diane Wdowczyk
& Kathy Armstrong
Ha! Ha! Ha! Ha! Ha! Ha! Ha!





Erindale College Student Union

JOIN THE ERINDALE TEAM!

Be a captain or
participate in
TORONTO'S WALK FOR AIDS
SUNDAY, OCTOBER 2.
Let's beat other universities and
raise the most money for this
worthy cause!
CONTACT STEVE TAYLOR AT
828-5249 FOR MORE INFO.

This week at the
BLIND DUCK PUB

SAC-Erindale Pub Night

Thursday September 29, 1994
Be at the Duck between 8-9
p.m. and SAC will pay your
cover!

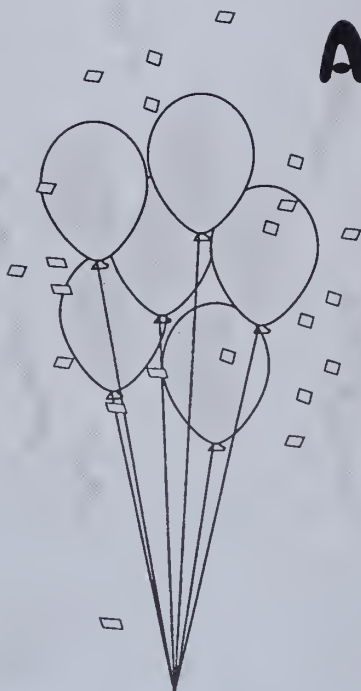
JOB
OPPORTUNITY



ECSU

is currently seeking a
Chairperson and Secretary.
If you are interested please sub-
mit a resumé to Steve Taylor at
ECSU by 4 p.m. Monday October
10.

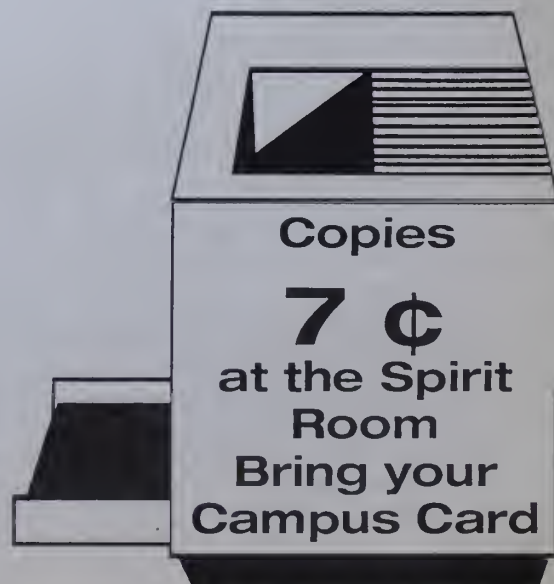
Student Appreciation Day:



SEPTEMBER
27TH

is
YOUR
day!

Euchre Tournament Wednesday October 5



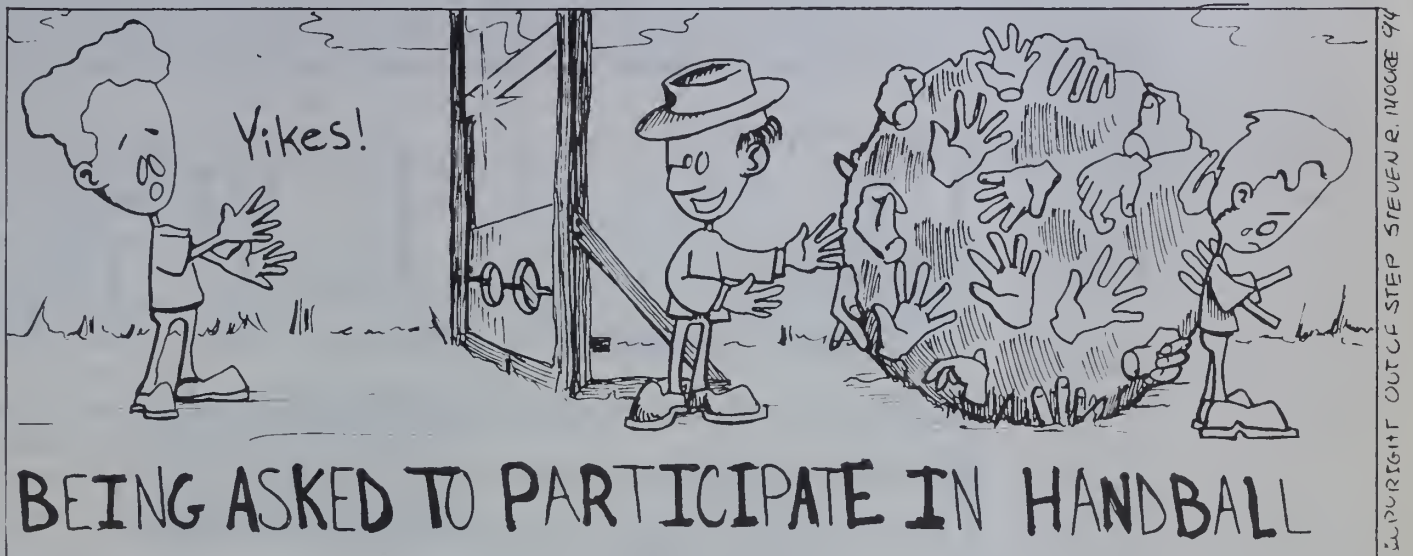


TIME TO PLAY



FUN STUFF

WHY,
YOU MIGHT
SAY.....
YIKES!



BEING ASKED TO PARTICIPATE IN HANDBALL

ILLUSTRATION BY STEVEN R. MOORE '94

PERSONALS



The *medium II* "Personals" section is a section that allows Erindale students the opportunity to place ads with something to say to someone you may not have the opportunity to meet otherwise in the confusion of daily university life. See a great looking guy or girl in your Tuesday/Thursday Anthropology class? Why not place an ad to grab his/her attention? Want to get something off your back? Ball Hockey threats? Say it here to whoever you wish! Some limits will, of course, be recognized (e.g. no racism, sexist remarks, etc. although 'fun' sex talk of the NOW magazine Personal Section variety will, of course, be allowed). All submissions are entirely confidential and can be submitted anonymously to the Composite Editor's box in the *medium II* offices between 9-4, Mon-Sat.

TOP TEN QUESTIONS PEOPLE ASK ABOUT STAR TREK: THE NEXT GENERATION - BY JIM SCOTT

10. If they can teleport from place to place, why do they need ships?
9. How do they steer clear of planets and stars, etc. while traveling 10 times the speed of light?
8. Is it possible for Geordi to have kids after standing next to that warp core generator all the time?
7. What do they do with all the dishes that the replicator machine makes?
6. If Data is so damned smart why isn't he Captain?
5. At exactly what point in the future do *all* men become broad-shouldered, and *all* women become big-busted?
4. Why haven't they installed seat belts for the bridge crew chairs yet?
3. After all that's gone wrong with that Holodeck, why do they insist on using it?
2. Are the producers trying to tell us that the ideal form of government is a neo-socialist military-based technocracy? (Oops! That's top 10 questions Poli Sci profs have about Star Trek).
1. How come they can develop faster than light speed travel, but they can't find a cure for Captain Picard's baldness?

Answers for this Top Ten or your own creation can be dropped off in the Composite box of the *medium II* at Room F14 of the Crossroads Building.



Time's Running Out!

... for local Erindale talent

Thanks to Jim, Kyle, and Steven for their contributions this week. Anybody else got any off-beat stuff for this page? Drop your stuff off in the Composite box at the *medium II* offices, or just come by and ask for Paul.



Time cooks, time clarifies; no mood can be maintained quite unaltered through the course of hours.

- Thomas Mann

The search for serenity does not lead us to a state of full-time bliss. The idea that we should never have a bad day is another of our unrealistic expectations. No one, no matter how hard they're "working the program," has a good day every day. Who knows what the trigger is? Maybe it's gloomy weather or hormones or a skipped breakfast. But the fact is that we all feel down sometimes. Emotional stability is an important component of self-esteem. Wild mood swings and chronic crankiness are symptoms of deeper disorders that need attention. Often, deeply buried anger is the wellspring of the attitudinal misery that is bubbling up. Work with a counselor or support group can usually relieve such unhappy, long-term conditions. But for the ordinary ups and downs of life, good old-fashioned acceptance is the best remedy we've got. Even people with naturally cheerful dispositions and even tempers get up on the wrong side of the bed once in a while. While we strive for emotional balance, we need to remember that *stable* and *static* aren't the same thing; our goal is an acceptable, comfortable range.

The upside is that bad days are just as fleeting as good days.

From the book "Believing in Myself," by Earnie Larson and Carol Hegarty.

The Most Important Thing I Learned in Life 370 Lessons To Live By

From the book "The Most Important Thing I Learned in Life," compiled by Beau Bauman.

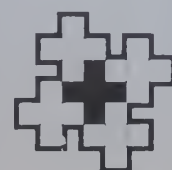
There is so much to learn. Each of us has the opportunity to sample the accumulated wisdom and beauty of the human experience, an infinite, never-ending feast for the mind and heart. Once we come to understand that there are no boundaries or limitations, we can look forward to a lifetime of spiritual and intellectual enrichment.

- Dr. Sidney M. Clearfield, VP B'nai B'rith International

Answers from Last Week

- (I) Market Slices
1. Kellogg
 2. Duracell
 3. Pillsbury
 4. Schwab
 5. Progresso
 6. Smuckers
 7. Beebeaters
 8. Charmin
 9. Tropicana
 10. Pringles
 11. Brillo
 12. Newsweek
 13. Hersheys
 14. Campbells
 15. Salem
 16. Trident
 17. Drano
 18. Wheaties

(II) Blackout



Quote of the Week

You are not a human doing but rather a human being.

Ancient Chinese Proverb, 600 AD.

WANTED PART TIME ADULT SALES CONTRACTORS

The Toronto Star requires Direct Sales People. Experience Preferred, but not essential.

- We are looking for individuals to work in the Mississauga area south of 403 hwy to Dundas St. and from the Credit River (west) to the Oakville boundary.
- Must have good communication skills.
- Must be able to work independently.
- Evening hours 6pm-9pm
- Good supplement to your income.

Please call:

Mr. Barrell
(905) 829-3670
Mon.-Fri. 11am-4pm

Vegetarianism, the sweet

Percy Bysshe Shelley. Albert Einstein. K.D. Lang. Gandhi. What is the common link amongst this widely diverse bunch? No, they haven't all slept with Madonna. The brooding, anarchical poet, the scientific genius, the Canadian gender-flecting chanteuse, the father of Indian independence and godfather of the civil rights movement, and indeed the carnal chameleon herself, all did or continue to practice and advocate vegetarianism. Vegetarianism is the human practice of neither chomping, chewing nor consuming any species that has the capacity to wink at you.

What follows is a brief survey of four areas of interest relating to vegetarians and vegetarianism which may assist anyone who may be contemplating a switch to a healthier, more economically manageable and socially responsible lifestyle.

We peruse the financial and economic realities of based and vegetarian diets, the health aspects and concerns, the environmental ramifications and the political and ethical considerations. And for dessert we will conclude with a smattering of the colorful culinary delights of vegetarianism.

There are three or four types of vegetarians depending on the rigidity of your defining criteria. *Vegans* are the strictest vegetarians. Vegans, pronounced vee-gens, diligently attempt to avoid all animal products, including dairy products and eggs. In general vegans also avoid using leather and other animal by-products. *Lacto-* vegetarians eat milk, butter, cheese and other dairy products, but do not eat eggs. *Lacto-ovo* vegetarians eat both dairy products and eggs, but frown on consuming meat. Some of the literature on vegetarianism refers to the fence-sitting people who limit meat consumption to fish or poultry and abstain from eating red meat as *semi*-vegetarians. However, other vegetarians are more strict and view this compromise position as tantamount to claiming to be a little bit pregnant. Meat, regardless of its color is still meat. A fetus, regardless of its gender is still a fetus.

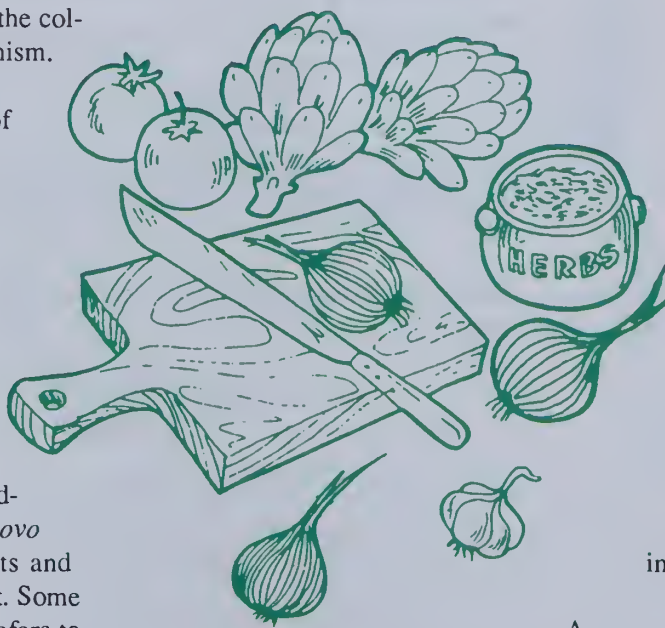
Vegetarians refrain from consuming animals or animal by-products for a variety of reasons. Some of us chose to do so for health reasons. Studies have shown vegetarians to live longer lives. Since cholesterol and saturated fats can only be found in animal products vegetarians by their abstinence place themselves in lower risk groups for heart disease, obesity, high blood pressure, cancer and diabetes.

Millions of people follow the vegetarian path because of their religious beliefs. Amongst others Seventh Day Adventists and Hindus fall into this category. In addition, in some forms of Buddhism the adherence to the code of *ahimsa*, or non-injury, leads to the adherents advocating a vegetarian diet.

"Nothing will benefit human health and increase the chances of survival of life on Earth as much as the evolution to a vegetarian diet."

-- Albert Einstein

Today as environmental education increases people are switching to a vegetarian diet as they become aware of the destructive effects a meat-based diet exacts on the biosphere.



A good portion of vegetarians adhere to a vegetarian diet for moral or political reasons. Some find the taking of a sentient life to be unethical. Others find factory farming morally repugnant. Still others make the connection between starving millions in the developing world and the 15-ounce piece of putrefying cattle flesh called lying moribund on their plate.

Finally, many decide to forego a flesh-based diet for less noble, yet more prudent, reasons. They cannot afford it! A friend, a fellow Erindalian, is a ravenous carnivore when at home with his parental units in Ottawa. Yet, when he is here at school his budget precludes his carnivorous indulgences.

HEALTH ASPECTS OF VEGETARIANISM

The saturated fats found in animal products are major contributors to both illnesses and degenerative diseases. Heart disease, diabetes, cancer, high blood pressure, osteoporosis, gastrointestinal disease (e.g. colitis), atherosclerosis and obesity all owe much of their development and life destroying capabilities to one common variable, a diet revolving around animal products and by-products.

One example of the contributions an animal product based diet makes to increasing health problems and costs is osteoporosis. As our population ages osteoporosis, bone loss due to calcium resorption, becomes a major concern. The key to preventing the degeneration of bones is not increasing our calcium intake, but rather a decrease in our protein consumption. Contrary to the dairy industry claims of the Milk Marketing Board consuming copious volumes of milk does not lead to a healthy lifestyle and prevent the onset of diseases like osteoporosis.

Rather, high-protein foods such as milk, other dairy products and eggs leach calcium from the body by causing increased calcium loss through the kidneys. In fact maintaining strong bones depends more on preventing calcium loss than on increasing intake. Meats are overly high in protein, especially a particular protein building block sulfur containing amino acids. These amino acids cause increased calcium loss. Vegetarians exhibit lower rates of osteoporosis than meat eaters and this has been connected to the lower protein intake of vegetarians.

A vegetarian diet also helps in the prevention of cancer. Clinical studies and epidemiological studies have illustrated that vegetarians are almost fifty per cent less likely to die from cancer than non-vegetarians. The reasons for this are that vegetarians avoid the animal fat that is linked to cancer and through their increased legume consumption receive abundant fibre and vitamins that aid in the prevention of cancer.

Studies comparing the cardiovascular status of ovo-lacto-vegetarians and vegans have proven that while both are healthier than meat-eaters,

vegans have better health than vegetarians who consume animal products.

VEGETARIANISM AND THE ENVIRONMENT

Animal based diets have a significant impact on our environment and resources. For example, the East Coast cod fishery has collapsed due to the fishing habits of the world's population. A small fraction of the population's consumption of the world's total fish catch has caused years of overfishing. Commercial fishing is extremely expensive. Commercial fish costs as much as 20 calories of energy to produce one calorie of energy. This means that fish production is 100 times as energy-intensive as the production of plant foods.

Worldwide 40% of the land is used to feed livestock. In many countries, pigs and other animals are fed grains, the efficiency of which is greatly reduced. For example, the production of one kilogram of meat requires the input of 16 kilograms of grain. Worldwide food production is not enough to feed all of the world's population at the current levels of consumption. If we were used for human consumption, twice the world's current population could be fed. Starvation is a result of social practices, political decisions. The chain of production for a hamburger in front of you when Central American people were forced from their land, sustainable subsistence living, multinational agribusiness, more 'profitable' cash crops, billion human beings suffering from hunger and malnutrition.

VEGETARIAN RESTAURANTS, FOOD STORES AND VEGAN LESSONS

Ruby's House of Grains

(90 Dundas), (905) 881-1111

Health Haven Restaurant

(604 Dixie), (416) 291-1111

Vegetarian Cooking

Sears Health Food and

Centre, (905) 881-1111

Essence Natural Foods,

(215) 291-1111

Helen's Natural Foods,

(18) 291-1111

The Vegetarian, 2849

Toronto Vegetarian Assn.

(533-2911)

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cardiovascular status
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COMMENT

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8897

mal-based Western diet we are unwitting
contributors to their suffering.

Presently huge tracts of Amazonian rain
forest are being slash-burned in attempts
to transform the land into areas conducive
to cattle raising. Unfortunately, the
removal of the forest contributes to soil
erosion and then resulting soil
base lacks sufficient nutrients to
replenish itself. After two years
the soil is often agriculturally
useless. Every year one acre of
forest could be spared for each
individual who becomes a vege-
tarian.

The production of meat from
domesticated farm animals also
contributes to soil erosion,
salinization of waterways (ren-
dering the water unpotable), increasing
pollution from pesticides and animal
wastes. Organic waste from livestock, pes-
ticides and fertilizers used to grow live-
stock feed, and the salts and sediments
generated in the process are the number
one non-point source of water pollution in
North America. Today approximately 11%
of ingested pesticides come from produce.
The remaining 89% comes mainly from
animal products. Pesticides enter animals
through the crops they eat and are
absorbed and stored in fatty tissue. ani-
mals are also bathed in toxic compounds
and fed massive doses of drugs to prevent
disease. Ironically, pesticides are one of
the major contributors to cancer, gastroin-
testinal diseases and other degenerative
diseases.

ETHICAL ASPECTS OF VEGETARIANISM

The production of meat is an industrial
process. The animals are treated as com-
modities and not as living, sentient crea-
tures. Before being dismembered, dissect-
ed, and barbecued the animals are shocked
with electric prods, beaten and kicked, and
generally treated inhumanely. One per-
son's observations from a visit to an abattoir tell a
common story. "The pigs, two
at a time locked in a small
cage, were dropped about 9
metres below the killing floor,
and given a whiff of carbon
monoxide. They were brought
up unconscious, rolled out on
the floor, strung up by one
foot, and their throats cut so as
to bleed to death before regain-
ing consciousness." Another
incident he remembered was
that "daily, hundreds of steers
arrive and are kept in large
pens and then herded and prod-
ded into a tightly confined con-
veyor where, struggling and in
obvious panic, they are

stunned by a bolt fired into their skulls. As
I watched, one steer took three shots from
the gun before falling and being spewed
forth on the floor. Many are still kicking -
just nerves? - as they are strung up by a
chain around one leg and hoisted to be
moved along to where their throats are

**"They were brought up uncon-
scious, rolled out on the floor,
strung up by one foot, and their
throats cut so as to bleed to death
before regaining consciousness."**

cut. Gouts of blood splatter on the grating
below."

In order to condone the breeding and
slaughtering of innocent animals we must
be able to answer the following questions
clearly. Do non-human animals have a
moral interest in not being killed? Ani-
mals, like you and I have an intrinsic
moral right to exemption from the inflic-
tion upon them of unnecessary suffering
and death.

THE VEGETARIAN DIET

When one plans on removing flesh
foods from their diet they must color their
new diet with a wide variety of foods in
order to maintain proper nutrition. A veg-
etarian diet usually revolves around whole
grains (wheat, oats,), legumes (beans,
black-eyed peas, lentils), seeds, vegetables
(leafy green vegetables should be most
prevalent) and fruits (kiwi and cantaloupe
are among the most nutrient rich).

The vegetarian diet also enables a free-
dom from the three large meal routine of
traditional meat-based western diets. To
achieve the most effective and sound
nutritional balance vegetarians should eat
more frequently (not a problem for most)
and in lesser amounts. Frequent between
meal snacking of nuts, and fresh or dried
fruits is a suggested pleasure. One area of
potential nutritional shortfall that vegetari-
ans must be aware of is B12. Vitamin B12
is required to prevent the degeneration of
nerve cells in the spinal cord and most
forms of anemia. In addition B12 is essen-
tial to the digestive tract and to bone mor-
row. Vegetarian diets can be deficient in
B12. If this is the case vegetarian should
take a B12 supplement.

THE PERSONAL AND THE POSITIVE

Foremost on the minds of many students
is money. A switch to a vegetarian diet

can save a family from \$500 to \$3000 a
year from your food budget. Additional
personal pluses of vegetarian diets include
lower probabilities of contracting diseases
like cancer, osteoporosis and heart dis-
ease. To further decrease the likelihood of
suffering these and similar diseases pur-
chasing organically grown pro-
duce will significantly reduce
your pesticide and chemical con-
sumption. Natural food stores
and local farmer's markets usu-
ally carry organic produce. Ancillary benefits to your new
healthier lifestyle are decreased
damage to the ozone layer and
fewer contributions of global
warming greenhouse gases.
These gases such as the cattle
produced methane are severely

altering the biosphere's fragile climate
patterns. Finally, the pleasures of creating
intoxicating dishes, the aromas that envel-
op you and the increased vitality you will
feel are intangibles that cannot be quali-
fied.

SOURCES:

Becoming Vegetarian, Vesanto Melina, Brenda
Davis and Victoria Harrison;
Diet for a New America, John Robbins;
Biosphere 2000: Protecting Our Global
Environment, Donald Kaufman and Cecilia
Franz;
The Canadian Vegetarian Magazine, September
1994;
The Toronto Vegetarian Association.

Spiced Pumpkin Muffins

2 cups whole wheat flour
1 Tbsp. baking powder
1/2 tsp. sea salt
1/2 tsp. cinnamon
1/2 tsp. ginger
1/2 tsp. nutmeg
1/4 tsp. ground cloves
3/4 cup pumpkin (canned or cooked)
1 egg
1 cup soy milk
1/4 cup honey or brown sugar

Mix the dry ingredients together. In a
separate bowl, mix the wet ingredients
together. Combine and mix gently until
blended. Spoon into muffin tins 2/3 full.
Bake for 25 minutes at 400 degrees F.

Mushroom Couscous

1 Tbsp olive oil
1 chopped leek
2 cups sliced mushrooms
1 tsp. thyme
1 cup couscous
1 1/2 cups vegetable stock
2 Tbsp chopped parsley

In a saucepan, sauté the mushrooms,
leeks and thyme. In a separate pot bring
stock to a boil. When the stock has boiled
remove it from the heat and add the cous-
cous. Let stand 5 minutes, then add the
sauteed veggie mixture and the parsley
Serve hot or cold.

Arts



Heavy Water: left to right: Ted Kalen, Tim Latanville, "Zwigg" Zwicker, R.J. Wilson, and Eddie Vitton-Mea

Heavy Water lets the music flow

by Manfred Sittmann

When discussing the Canadian independent music scene it is a common mistake to automatically assume that all this scene has to offer is the finest in non-mainstream performers. After all, we can boast the likes of **Lowest of the Low**, **Killjoys** and **Sour Landslide**, all of whom are leaders of the melodic aggressive pop genre.

However, what is becoming more clear is that there is a growing movement for independent music

of the more funky variety. The success of bands such as **Bass is Base** has really underscored the success of Canadian funk in general. One band that is "push-ing" its way into the hearts of soul fans is **Heavy Water**.

This band is a perfect example of a product being the sum total of its parts. Individually, Heavy Water are brilliant musicians, all of whom have had extensive technical training. That aside however, the band has not lost that rock and roll spirit of beat, melody, and most impor-

tantly, live energy.

Several before me have tried to pigeonhole the band as "funk" or "soul" or some other simplistic label that pays very little respect to the band's diversity.

In order to really nail them down properly one would have to start with the desire to perform the soul-filled music, brought forth by the likes of fictional Irish movie heroes **the Commitments**. From there, you would have to eliminate the lame-ass guitarist they had and replace him with guitar stylings

more along the lines of **Stevie Ray Vaughn** and **Jimi Hendrix**. Add to that the additional percussion made popular by **Prince**, and throw in an old time blues-y number or two and you can start to grasp what these guys are all about.

Known originally as "Push", Heavy Water had to change its name when it was brought to their attention that there was another band using that moniker right here in Toronto. It seems ex-Platinum Blonde poser **Mark Holmes** was under the impression the name was his idea. For a few months people referred to Heavy Water as "the good Push" and although they had the name first, they decided to change because they needed to release their CD, and the legal hassles were moving too slowly. Besides, Heavy Water, like the name **Blue Rodeo**, is actually somewhat of a description of the music.

Led by the dynamic duo of **R.J. Wilson** and **Ted Kalen**, Heavy Water are renowned around Toronto for their ability to continually deliver a stunning live show. Keep in mind also that this band doesn't simply come out at midnight to round out the evening. They are throwbacks to an era gone by as they can be seen doing as many as three separate sets in the course of one night. Money's worth? I think so.

The musical frontman of the outfit is the confident, yet unassuming **Kalen**. Singing lead on most of the tracks, he also carries his fair share of the guitar load.

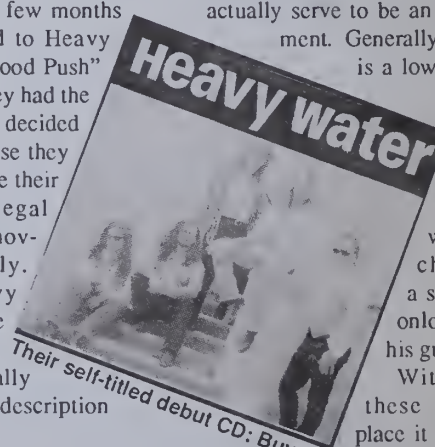
Kalen is offset by the ever-colorful **Wilson**. A man of many instruments, **Wilson** can be seen during a show playing bongos, harmonica,

tamborine, and handling all of the backing and some of the lead vocals. If **Kalen** is the musical frontman, then **Wilson** is certainly their charismatic ringleader.

The rest of the band gives Heavy Water its guts. The bottom is provided by bluesman **Zwigg Zwicker**. He, along with the jazz-trained **Eddie Vitton-Mea** on drums, ensure that the beat keeps rocking and the timing keeps clocking.

The "other" guitarist is **Tim Latanville**. To describe his musical ability as insanely advanced may actually serve to be an understatement. Generally, **Latanville** is a low key figure on stage, only coming to the forefront when he chooses to astonish onlookers with his guitar magic. With all of these factors in place it is no wonder that they have generated the kind of industry attention that they have. They, along with the **Killjoys**, were the top Canadian talent at New York's recent New Music Seminar. Currently balancing a number of offers from various record companies in the United States and Canada, the band is biding its time the best way they know how - by playing live gigs as often as possible to their ever growing audience.

What can the average music fan like yourself do in order to experience this phenomenon? Keep one eye posted on any of Toronto's varied live concert listings (much like the one found on page 14 of this very fine and upstanding publication) and make sure you haul your sorry butt out to see them.



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KEG PARTY

Best of Bootsy is a must listen for those craving rump shakin' bumpy funk

With the amount of totally blissed-out and blasted melds of funk, hardcore and ambient textures coming from the Space Bass of besparkled funk visionary Bootsy Collins in the last few years, the time couldn't be more ripe for a re-evaluation of the stuff that made Collins an icon for 1970's "fat-ness".

CD REVIEW

Bootsy Collins

Back in the Day: Best of Bootsy Collins
by Chris Barany

Bootsy's Rubber Band, a satellite from the P-Funk cosmos, represented the first wave of bands to follow in the 1980's that would cross the wires that bound rock and funk into a dripping expression of raw sexuality and self-examination.

Like his one-time counterpart George Clinton, Collins found a comfortable niche in expressing the beauty as well as the absurdity of the moment through a sense of humour that blasted forth optimism in the most righteous of rump-shakin' ways.

Back in the Day: The Best of Bootsy chronicles the 1970's Rubber Band period through to his last album for Warner Brothers in 1982. After years of old Rubber Band material available solely as Japanese import, it is essential listening for those familiar with the bassist's ambient/hardcore/cyberfunk projects of late.

Here is the slithery Space Bass in its budding inception. Here are the original car-

toonish personas by which Collins has expressed his vision through to the present. Most of all, here is uncut meat for hungry funkateers who demand dripping slabs of bumpy funk mania.

There are no duds here, but the real pumpers include the House Guests' (an early 1970's side-project to Collins' working permit with James Brown band) "What So Never the Dance", the sustained hand-clap grind "Jam Fan (Hot!)", and a live "Psychoticbumpschool" that should put Bootsy's original good foot back in 'yer face.



The Best of Bootsy Collins is nothing less than a righteous, rump-shakin', dripping expression of raw sexuality and self-examination.

Check out new sounds of Blue Dog Pict...if you think you have the guts

Have you ever heard of this band before? Good, neither had I until last month. It all happened one hot August day when I decided I would spend my day dicking around at HMV rather than dicking around at home. I was in search of something new. Not new Pure or new Sloan, I mean NEW!

CD REVIEW

Blue Dog Pict

Anxiety of Influence: a nodding into..?
by Lynn Ross

After aimlessly searching for something, I decided to grab the first thing I had never heard of (because at HMV you can always take it back).

What I picked up that day was Blue Dog Pict, and I don't think I've been the same since. I was so impressed that I must have listened to the CD in its entirety about ten times that first day. Each time noticing something more. Musically, it is the most diverse album I have ever heard. Creatively, it's ingenious. The best part is that Blue Dog Pict is from - you guessed it-Toronto.

The band is made up of four extremely talented musicians. Singer/songwriter Keram Malicki-Sanchez leads this band through a roller-coaster of different sounds, feelings, and experiences. Their style is innovative using heavy percussion and keyboards with Malicki-Sanchez's voice perfectly laced over top. Tracks like "Slip and

Slide" and "Slave" reminds me of the new wave music that was produced in the early 80's, but with a 90's mentality. The lyrics are sometimes funny, sometimes sad, but always seem to be very carefully thought out.

If you are the type of person who tunes into CFNY every Thursday evening for the top 30, this album might be a little over your head. However, if you are ready to take a little risk, pick up the CD, give it a listen, and if by some freak of nature you don't like it, you can always take it back to HMV.



Toronto's own Blue Dog Pict offers the adventurous listener an opportunity for an entirely different experience from the run of the mill CD.

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An entirely different look at Disney's Lion King

The 'Lion King', presented by Walt Disney Productions, features a cast of cartoon animals which reflects and perpetrates sexual biases toward women and their role within the political system, family and church.

The story is set in the African Pride Lands and opens with the birth of King Mufasa's son and heir, Simba. King Mufasa is the sovereign of the Pride Lands and

makes the laws for the whole animal kingdom, whereas Queen Sarabi rears Simba and confers with the other lionesses.

Although the lionesses do the

MOVIE REVIEW

The Lion King
Walt Disney Productions
by Mary Sabatino

hunting in 'The Lion King', Disney insinuates that political leaders in

society should be male by appointing the responsibility of lawgiver to a masculine figure. This shows that men do not respect women's intellectual capabilities and obtain pleasure in subordinating women to the family domain.

One's sex is determined by anatomy, and women, unless sterile are capable of giving birth to offspring. Consequently, they should not be condemned for it, nor should

they be abused because of it.

Furthermore, through Rafiki, the mystic who performs Simba's christening ceremony, Disney also supports Roman Catholic theologians who maintain that members of the clergy should be male. This is clearly sexist and derogatory toward women.

After Mufasa is killed and his spirit speaks to Simba, Disney consents to the theory that God gave

Moses the Ten Commandments, is also male since the Mufasa's voice in the film is one of a man's.

In fact God may be female, but as a result of male historians who believed in the supremacy of men, she may have been categorized as male.

This perverts women's cultural freedom and equality, as does Disney in its presentation of 'The Lion King'.

September/October Live Music Listings:



Killjoys: Hamilton's drool-worthy teen beat combo is set to deafen Erindale's already Blind Duck.

CFNY Nu Music Night
Bender
The Horseshoe
September 27

Killjoys
Blind Duck Pub
September 30

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October 3

MCA Concerts Presents:
**Dave Matthews Band
w/ Barstool Prophets**
Lee's Palace
October 6

MCA Concerts Presents:
Meat Puppets
The Phoenix
October 11

MCA Concerts Presents:
Beck
Opera House
October 21

If there is a merciful God:
Lowest of the Low
Lee's Palace
October 28-29

MCA Concerts Presents:
Tori Amos
Massey Hall
October 29



MCA Concerts, in association with medium II, are giving away 10 pairs of tickets to the Dave Matthews Band concerts at Lee's Palace on October 6. The first ten people to come in and ask for tickets- win!

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The C.R.T.C: Are they corporate flunkies or just plain ignorant?

Canada's watchdog of the airwaves is not living up to the standards that it was set up to enforce

by Manfred Sittmann

Everybody has heard of the C.R.T.C.. What many people do not know, and I dare say probably don't care about, is why this very important body exists, or what effect it can have on the life of the average Canadian, young or old.

The C.R.T.C. monitors all radio and television airwaves, administers all of the rules and regulations related to those mediums; as well as keeping their eye on the telephone industry. Known formally as the Canadian Radio, Television and Telecommunications Commission, the C.R.T.C. is based in Hull, Ontario and has an extremely wide range of responsibilities and powers.

What most of you probably also do not know is how and why this powerful bureaucracy continually ignores its specified duties and blatantly abuses its authority.

The C.R.T.C. was created by a co-operative group of broadcasters and the Canadian government to monitor Canadian airwaves. The organization operates on a mandate from the federal government called the Broadcast Act which is essentially a piece of legislation spelling out the C.R.T.C.'s responsibilities.

As we shall see, this governing body, which was set up to work objectively at an arm's length from the government, does what is expected of them, unfortunately not along the lines of the Broadcast Act. Instead, they tow the line for

whichever money-grubbing broadcast entity that needs something from this institution.

A source that I spoke with, someone who has had extensive dealings with the C.R.T.C., described the body as "a bunch of crap" that does not do its job. By now you are likely asking what foundation there is for such sweeping claims, but rest assured there is unfortunately a fair amount of evidence justifying this argument.

Originally, of the commission was to regulate the radio airwaves when FM radio began to skyrocket in popularity. Because the FM frequency is far more conducive to music reception and sound clarity, many AM owners at the time began to panic. These wealthy bureaucrats and the C.R.T.C. worked together to ensure the long term, financial stability of their stations.

FM was in turn blasted with a series of regulations to ensure that they could not exploit their advantage over their less appealing AM counterparts. They were not allowed to play unlimited hits. The limit was 50 percent, no more. While this may sound harmless

enough, one has to consider the fact that a hit is considered to be any song that found its way onto a top 40 chart at any time. This meant that half of the music played on FM stations had to be songs generally deemed unappealing by the listening audience.

More recently, the C.R.T.C. has taken an active role in ensuring that Canadian Campus radio remains a small-time fringe element of the overall industry and not an important and thriving popularity gauge as it has become south of the border. American Campus radio stations are major players when it comes to shaping the popularity of the music scene in general. In Canada, very few campus stations are heard anywhere other than on the campus premises, or have such low power they amount to little more than pirate stations in a secluded area.

There is good reason for this. The notion of powerful campus radio is very threatening to rich and influential stations in Canada such as Q107 and the CHUM corporation. Stations like these are dead set against the licensing of campus stations. They wish to ensure that young listenership remains with them, and does not stray somewhere where advertising dollars may follow. Because Q107 made over 20 million dollars in profits last year alone, they realize that the bottom line in radio is not fairness, or variety, or competition: It is money. Money that is used to pressure flimsy government organizations to do their bidding.

Still a non-believer? Consider the specific articles of the Broadcast Act that the C.R.T.C. was set up to enforce. See how many of them are actually being upheld.

Because the airwaves are "public property" it is the duty of the commission to ensure that radio provides a place for protecting Canadian nationalism through the promotion of English and French. I don't know about you, but when was the last time anyone on a station that you listened to did anything remotely along these lines?

The C.R.T.C. should also ensure that programming should be "varied", "enlightening", and "drawn from local to international sources". Last time I checked the FM dial was made up essentially of music stations while AM spends most of its time gabbing. My, how so incredibly varied.

This brings us to the issue of Canadian content. Canadian stations are required to program 33.3 percent of its airwaves with Canadian content. One measly third. While this may seem like a fair amount, when you realize that this requirement was put in place to promote Canadian culture and artistry, and ensure that Canadian talent was given an outlet to be heard, thus stimulating our own music industry, it certainly is not.

Our other option would be simply to import everything from the United States or Great Britain. It should be remembered also that places like Australia and New Zealand have a content requirements as high as 75 percent.

The most recent example of the misuse of power by the C.R.T.C. was the selection of new television stations in the area. While instructed to promote Canadian culture and unity, the C.R.T.C. blatantly disregarded this when they passed over the all-hockey station. I defy any person to find a more unifying Canadian force than hockey. However, that was not good enough. Instead, the C.R.T.C. opted for yet another country music network (as if having one wasn't too much already). Not only is the majority of country music American, but this announcement is in direct conflict with the C.R.T.C.'s mandate to promote "varied programming".

It does not take a genius to come to the conclusion that there had to have been some "behind the scenes" dealings going on to account for this curious decision.

The future of the airwaves is still being decided by the members of the C.R.T.C.. Its members, while supposedly operating independent of the federal government, are in fact appointed to their positions by the federal government. Not only does the government play a major role in determining the type of interests that the C.R.T.C. can protect, it essentially hand picks candidates who will tow the government's policy line. Incidentally, the length of term for a C.R.T.C. member is...forever. It is a lifetime nomination. No conflict here.

The future of the Canadian airwaves, thanks entirely to the C.R.T.C., will become gradually less and less Canadian as the Canadian industry suffers. In all of its infinite wisdom, the C.R.T.C. has allowed only a minuscule portion of programming to be local, therefore allowing Canadian stations to cut-back on staff and import more and more from satellite programming generated from guess where? What it boils down to is fewer Canadians working in the industry and more staying home and "enjoying" American programming.

Can the C.R.T.C. possibly get away with such blatant defiance of its original mandate? Apparently, it can. The only way that this path can be altered is through government legislation reforming the way that the commission is run. Letterwriting and telephone campaigns have been known to get things done, and there is no reason they should not be attempted now.

The C.R.T.C. is not simply a bunch of brainless buffoons with no clue of what they are doing. They know exactly what they are doing, which makes it that much worse.

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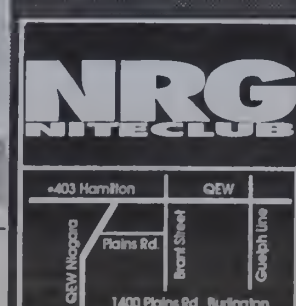
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Sports

Erindale lacrosse athletes make an impact



Warrior Alan Stewart making a move to the outside.

file photo

by Bruce Dust

The conclusion of the Mann Cup may have signaled the end of Canada's premier lacrosse league for another season, but lacrosse at the University of Toronto is in full swing.

Toronto's Varsity Field Lacrosse team was unable to cap a second half rally and fell 11-9 to the Laurier Golden Hawks in Waterloo on Sunday.

A combination of Erindale veterans and rookies, the Blues fought hard and played a game that, in the words of the coach, "showed a lot of promise."

Field lacrosse is a physically demanding game with a myriad of rules played on a soccer pitch. Like all sports, the object of the game is to score on the other team's goal. Unlike other sports, slashing is legal.

The Blues relied on a few seasoned Erindale veterans for the offense, and it is hoped the offense will be more balanced that for their upcoming games against Ottawa

and Kingston on Saturday and Sunday.

Several of Erindale's interfaculty box lacrosse players have made the transition to field lacrosse. Alan Stewart is returning to the Varsity team while Mark Bruni, Paul Paradine and Bruce Dust are making a positive impact on the Varsity squad.

Erindale's interfaculty lacrosse team, bolstered by the return of goal-tender Don Malcomson, is again making a run for the championship that eluded them last year.

On Tuesday, the team took a step in the right direction, defeating U. C. / Trinity / Pharmacy team 9-3. Newcomer Alex Zarowny and veteran Dylan Gunn played determined defense, hitting anyone who came near them. Another newcomer, Harvey Bhella, supplied part of the offense, scoring three goals for Erindale.

Not to be outdone, Erindale's big man Mark Bruni showed that in addition to punishing the opposing shooters with devastating hits he could also score - netting three of

his own. Al Stewart scored twice and Bruce Dust rounded out Erindale's scoring with one more goal.

The fast-paced, physical game featured some outstanding saves by Malcomson with his hockey-style net-minding.

Normally, lacrosse goalies simply stand still cutting down angles and covering as much of the net as possible.

"If he'd only stand still we could score on him," the other team was heard screaming.

For Thursday's game against Victoria College, the squad was again pumped. Vic's team, however, failed to show. Erindale used the time to scrimmage and practice ball handling skills.

Erindale's lacrosse Warriors are making a strong start to the season but the team is still waiting for a couple of hold-out players.

The next games for Erindale's lacrosse Warriors are on Tuesday and Thursday.

Check the ECARA board for exact times and locations.

Men's division one soccer tie Engineering in season opener



Working the ball against Skule.

photo by Jamie Tyndall

by Aldo Petrone

The Division I men's soccer team played the squad from Engineering on Friday tying 1-1 starting another season with an excellent performance.

Erindale capitalized early on one of their first chances as forward John Meyer scored on a beautiful header beating the Engineering keeper, giving Erindale a 1-nil lead.

Erindale did not have the lead for long though. Midway through the first half Engineering scored during a scramble in front of Erindale's net evening the score at one. Erindale was fortunate when

Engineering missed on a penalty shot (resulting from a questionable call) and the score remained the same.

Good defensive play and extremely strong goalkeeping by both squads kept the score even to the end of the first half and right through the second.

Erindale's only goal scorer John Meyer liked the teams performance "We were missing a lot of guys so we had to use some division two players . . . actually we were missing some really good guys - but overall we played well."

Come on out and cheer your team on. Check the ECARA board for the next game and location.

Women's interfaculty touch football drops season opener

by Don Malcolmson

The Women's Interfaculty Touch Football team lost their season opening game on Thursday, September 22 against the team from St. Hilda's.

Erindale was represented by 9 players while St. Hilda's crew numbered 21, including a mascot as well as a dancer of some sort.

The mascot was an obvious attempt to frustrate Erindale, but the Warriors held tough.

Even with the enormous crowd of people cheering from St. Hilda's, the Erindale squad came up strong on the defensive end of the field, holding the opposition scoreless through the first half.

It was apparent that the opposing team had practiced and played through the summer months, and the odds makers favored St. Hilda's heavily by 14.

Erindale played strong despite the fact that they have only had a single practice to fine tune their playbook.

The Warriors apparently had seen the morning betting line and, although looking quite confident, had difficulty catching the missiles projected by the commander of Erindale brigade, Jennifer Nelson.

Erindale's small but strong team slowed in the second half, which is usually what happens to a team with no substitutes.

With the relentless charge from the Hilda-guards and the presence

of a seven foot receiver, St. Hilda's team emerged with a 13-0 victory.

Commenting on the teams loss, acting coach Don Malcolmson observed "that's the last time our team gets goosed."

Malcolmson also stressed that the women's team will be back looking to even the score with St. Hilda's.

With new players and a host of experienced veterans, the team consoled itself in the opening day

loss but looks forward to the rest of the season.

The squad also understands the rebuilding process required and the necessity of hiring of a new coach.

The team is looking for extra players, so if you love to have fun and enjoy tossing the ball, come on out to play.

Check the ECARA board for all of the practice and game details.

Come out and support Erindale as the squad goes for gold.

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**Sports Writers Needed
call Ted at 828-5260**

Men's touch football beat Meds in season opener

by Rinku Ghei

The Erindale men's interfaculty touch football team kicked off its season with a decisive 14-0 win over Medicine last Monday.

The Medicine team played a solid game but just could not get anything going because of Erindale's tough and fast defensive play.

"Dedication and intense practicing is the key to the teams outstanding effort," commented player Rinku Ghei about Erindale's first game success.

The game was scoreless through the first half until Danny Dagher lived up to his sacking reputation and provided the team with a devastating sack at a crucial moment in the game.

That was all Erindale needed. The Warrior's offence mounted as Sejal Patel opened the scoring with a touchdown reception with only five minutes remaining.

Meds began a drive but were



Warriors defending the pass against Medicine. photo by Jamie Tyndall

abruptly stopped by an interception by Neville Prosper. Prosper then ran the ball back for Erindale's second touchdown.

The Warrior's awesome defence held off Meds for the remainder of the game giving Erindale its first victory.

All conversions were provided by Sean Martin and Rinku Ghei.

The Warrior's next game is Tuesday, September 27, at 5:00 p.m. here at Erindale against Devonshire House.

Come on out and support Erindale at the next game.

Field hockey starts the season with a win over University College

by Bertina Amorim

Erindale's season opening game started off like no other. The weather was pleasant and the field was fast and dry.

Erindale's squad consisted of more than six quality players and they pulled together in a fine display of team co-operation. With their teamwork, the Warriors were able to capture their first victory of the season defeating University College 2-0.

Both teams had many great passes and scoring opportunities in the first half. However, it was only in the second half that Erindale got a chance to take the lead. Two goals were scored within minutes of each other by Nancy Seavic; both were assisted by Tina Amorin.

Special thanks and an "awesome effort" goes out to Sherry Bain for stepping in as Erindale's volunteer keeper.

Honorable mentions go to Sabina Fernandes, Fazeah Sheikh and Hala for playing a fantastic game by keeping the pressure on University College until the very end.

The team shows great potential, however, a permanent keeper is needed. Anyone who is interested persons should come out to practice, on Monday, Sept. 26 at 7:30 am in the north field.

The players stressed the importance of team co-operation, hard work, and lots of practice. By focussing on honing their skills, and the aquirment of a permanent keeper will make Erindale contenders for the intefaculty championship.

For future game times and locations check the ECARA board for details.

Come out and support Erindale as the squad attempts to extend their undefeated streak to two.

What's going on . . .

Sports have kicked off here at Erindale. Some tryouts occur early and, due to the short season for outdoor sports like soccer, rugby, field hockey and touch football, it is necessary to hold team tryouts early in the academic year. The tryouts for the interfaculty leagues are not closed yet and interested players are welcome to attend upcoming practices.

Unfortunately not enough interest was shown in a women's intramural touch football league at Erindale, so it was cancelled.

Intramural leagues are starting this week and entry deadlines for several different sports are coming up. If you haven't signed up for one of the many fun sporting games, do so quickly before the doors close.

A power lifting club organized by Peter Baxter and run by Canada's strongest man in weightlifting last year, Antonio Krastev has opened. Over 50 men

and 10 women have signed up to participate, so come on down and take a look and book an appointment with Antonio

If you would like to see how many points you have accumulated in the sporting activities, please feel free to check in the ECARA office.

There are many events coming up in the next month for all to participate in like; The Line Dancing and Corn Cob Roast, Horseback riding, ECARA'S Bed Race, a Hiking Adventure and a car rally to Hart House Farm.

For any information concerning sports or events offered by ECARA, if you don't see it in the Medium 2, then come in and ask at the ECARA office.

The Toronto Argonaut Football club has donated tickets to the clash with the Hamilton Tigercats at the Dome and the first 25 people to visit the ECARA office and sign up for some sports will receive tickets to the game.

Guest Column
by Don Malcolmson
ECARA president

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ECARA

ERINDALE COLLEGE
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Women's Intramural Representative



photo by Jamie Tyndall

Acclaimed
Sylvia Jazbec

First year Erindale Student

As women's intramural rep I intend to organize tournaments that will be fun yet competitive for all levels of athletes. Being on a previous executive athletic committee at my high school I have helped in many of the activities including organizing tournaments and leagues. By being a female athlete myself I know it is not always easy to go out for any team of any level so I hope to raise spirit and see as many women come out and play as possible. Thank you for giving me this opportunity.

FREE ARGO TICKETS

Tickets for their October 2nd home game vs. Hamilton are available, compliments of the Erindale College Athletics and Recreation Association

First 12 students receive a pair of tickets so don't delay!

Men's Intramural Leagues

Basketball team entry deadlines have been extended until Thursday, September 29. A \$20 default bond must be paid at this time between 1 p.m. and 3 p.m. at the ECARA office (rm 1114)

Thursday, September 29 is also a team entry deadline for volleyball and indoor soccer.

Sign-up soon!

Notice to ECARA Membership

The audited financial statement for the 1993-94 fiscal year is available to the general membership for review. Please see Ms. Maureen MacLean in the Athletics Office, Room 1114.

Men's Intramural Sports

Make Extra Ca\$\$\$\$h!!!
Commissioners needed for touch football, volleyball, indoor soccer, basketball and ball hockey.

Convenors needed for all tournaments.

Referees needed for all sports.

Inquire at the ECARA office

CO-ED INTRAMURAL SOFTBALL TOURNAMENT

SUNDAY OCTOBER 2

Deadline: Teams must have lists handed in by Wednesday, September 28

For more information, Call Rondev at 569-3369.

Hand in lists at ECARA Office

Captains Meeting September 29 at 2:30 in Pool Room

Erindale College Weightlifting Club NOW OPEN

Hours of operation 5pm to 9pm
Located by the Squash Courts

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The Annual Bed Race

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